



Love Lifts Us Up

Home Study Guide

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Love Lifts Us Up – A Powerful New Way to Understand Love

The two Great Commandments by Jesus, the Christ, are all about Love: *‘You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And a second is to like it: ‘You shall love your neighbor as yourself.’*

Beyond Hollywood, Hallmark, and Romance Love is so much more. Science of Mind rests on Love and Law – Love is the impulse; Law makes the way possible. Quotes on Love by Ernest Holmes:

Love is the grandest healing and drawing power on earth. It is the very reason for our being, and that explains why it is that people should have something or someone to love. The life that has not loved, has not lived, it is still dead. Love is the sole impulse for creation, and the man who does not have love as the greatest incentive in his life, has never developed the real creative instinct. No one can swing out into the Universal without Love, for the whole Universe is based upon it.

Love alone can overcome fear because Love surrenders itself to the object of its adoration. The soul must make a complete surrender of itself to the Spirit. That is, the Law must come under subjection to the Spirit. The will of the Spirit is peace, clear thinking and happiness, it could have no other will.

Love is the central flame of the universe, nay, the very fire itself. It is written that God is Love, and that we are His expressed likeness, the image of the Eternal Being. Love is self-givingness through creation, the impartation of the Divine through the human.

Love is the self-givingness of the Spirit through the desire of Life to express Itself in terms of creation. Emerson tells us that Love is a synonym for God. We are also told in the New Testament that “He that loveth not, knoweth not God; for God is love.” Love is free from condemnation, even as it is free from fear. Love is a cosmic force whose sweep is irresistible.

It is when the self goes with the gift that it becomes an offering of Love. The intellect and heart must go hand in hand. The altar of faith is profaned unless the gift laid on it is one of Love. Nothing can profit us except it be of the nature of Love.

All is Love and
yet all is Law.
Love is the
impelling force
and Law
executes the
will of Love.

Ernest Holmes,
Science of Mind

Read & discuss these quotes
from
the Science of Mind.

Now discuss more deeply:

- ⇒ How do you understand Love as a spiritual quality?
- ⇒ How is Love the Impulse behind all creation?
- ⇒ How does this Love compare to romantic or relationship love?
- ⇒ How do Love and Law work together – give some examples from your own life.



But someone might ask, “How do we really know that ‘the universe rests on the shoulders of love?’” The answer is simpler than it might appear. For instance, no one is ever harmed by love. The more Love there is in one’s life, the better off he is; while the opposite to Love, which is hate and dislike, can actually consume a person mentally and destroy his health physically. If, then, Love tends to build up while the opposite tends to destroy, we may be certain that there is a universal Reality to it; that we actually are immersed in an Infinite Love as well as a Divine Wisdom. And we must learn to feel the presence of this Love and rely on it.

From this teaching, we are not to suppose that we are to Love that in each other which does not savor of right, we are to Love the right alone. We are to look for God in each other and love this God, forgetting all else. But would this compel us to accept from people that which is not good? Of course not! It is not necessary for one to make a doormat of himself in proving that God is Love, for this would be like suffering for righteousness’ sake, which is always mistake.

But the great Love of the Universe must be One with the great law of Its Own Being, and we approach Love through the Law. This, then, is the teaching: Love and Law. As the love of God is perfect, so the law of God also is perfect. We must understand both.

In the intelligent study of the teachings of the Science of Mind, we come to understand that all is Love and yet all is Law. Love rules through Law. Love is the Divine Givingness; Law is the Way. Love is spontaneous; Law is impersonal.

We live in a Universe of Love as well as a Universe of Law. One is the complement of the other – the Universe of Love pulsating with feeling, with emotion, and the Universe of Law, the Executor of all feeling and all emotion.