



# Spirit of Santa Fe

## Southwest Adventure



**Travel with Reverend Karen Fry**  
**May 17<sup>th</sup> to 20<sup>th</sup>, 2018**  
**4 Days and 3 nights land only**  
**\$989.00.00 Double Occupancy**

Santa Fe, New Mexico, is a magical, exuberant and colorful journey. The legendary history and culture will fascinate and inspire you. Santa Fe lies on a tributary of the Rio Grande on the southwestern slopes of the snow-capped Sangre de Cristo Mountains. The fun and fascinating city gains its particular atmosphere from the mingling of Native American, Spanish/Mexican and Anglo-American cultural influences. Its picturesque streets and lanes, low adobe houses, beautiful Spanish colonial churches as well as the profusion of Native American arts and crafts and contemporary art have long been a sightseeing attraction for tourists. We will also visit Bandelier National Park which rests on the slopes of the Jemez Mountains and is famous for Ancestral Pueblo Indian Cliff dwellings.

## Day 1 May 17<sup>th</sup>, 2018 - Arrive in Santa Fe

We will make our own way to Santa Fe and check into Hilton Santa Fe Historic Plaza. Housed in the landmark 300-year-old hacienda of New Mexico's Ortiz Family, the Hilton Santa Fe Historic Plaza captures the



rich cultural heritage and romance of the Southwest two blocks from the historic Santa Fe Plaza in downtown Santa Fe. Our hotel is within walking distance of amazing cultural attractions like the Georgia O'Keeffe Museum, the Santa Fe Community Convention Center and fantastic shopping and dining venues.

Our guest rooms feature a southwestern motif and capture the brilliant colors of New Mexico. All rooms offer coffee & tea service, ironing board, hair dryer and make up mirror.

### **Hotel Amenities Include:**

\* Complimentary hot buffet breakfast 7:00 a.m. – 10:00 a.m.

\* Outdoor pools, whirlpools, sauna, workout facility,

This is a perfect setting for our daily spiritual practice. Here you will restore your Spirit in this town. You will have the afternoon to explore Santa Fe on your own. Our first eve we will have a happy hour together at 5pm at the hotel lounge, before dinner on your own at the hotel or nearby restaurants.

## Day 2 May 18<sup>th</sup>, 2017 We will rise for an early breakfast today



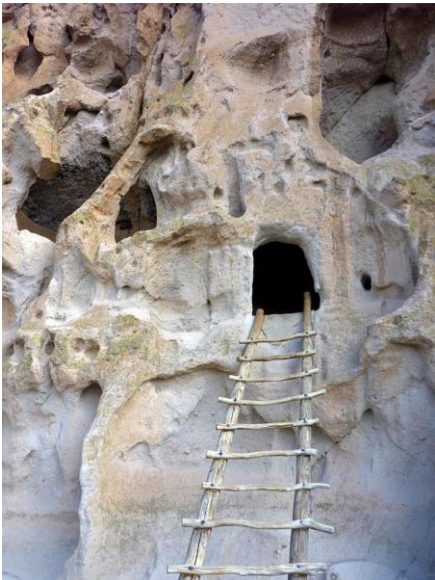
and have our morning spiritual practice before driving north to Bandelier National Park which rests on the slopes of the Jemez Mountains, with an altitude range of 5,000 feet at the Rio Grande to

10,000 feet at the peak of Cerro Grande. This landscape of hilly terrain, interrupted by abrupt canyons, was created over one million years ago by massive volcanic eruptions, and has slowly been eroding over time. The park offers a large variety of habitats to wildlife and is home to a diversity of species. The most common animals to see include mule deer, Abert's squirrels, lizards, birds, and butterflies.



Humans have inhabited the Bandelier area for over 10,000 years. The earliest residents were nomadic hunter-gatherers but the first permanent settlements are

estimated to have been constructed around 1150 CE. By 1550, Cochiti, San Felipe, San Ildefonso, Santa Clara, and Santo Domingo had become homes to the Ancestral Pueblo people.



**Frijoles Canyon** has been created by Frijoles Creek, eroding through thick deposits of volcanic rock - mainly tuff, which is full of natural cavities - originally air pockets in ash deposits from volcanic eruptions several thousand years ago. These may be ten or twenty feet in diameter, and were used by the Anasazi peoples between 700 and 450 years ago as the basis of their villages. **Frijoles Canyon Lodge**, a historic, Spanish pueblo-style

residence constructed in the 1930s. The whole complex contains over 30 structures, all protected as Bandelier CCC Historic District. Today, facilities include a visitor center, museum, bookstore, gift shop and snack bar.

Paths lead upstream to the main ruins. **Frijoles Canyon Trail**, also known as the **Main Loop**, is by far the most popular hike in the park. Although only 1.2 miles in length, there is much to see along the way, and most people spend about one hour. The path encounters a large kiva, followed by the main ruin-site on the valley floor (**Tyuonyi**), then climbs slightly to the base of the cliffs on the north side of the canyon, where numerous cliff dwellings can be viewed close-up. These extend for a third of a mile and include several rooms that may be entered, via ladders. The loop is completed by crossing Frijoles Creek and returning through woodland on the far side, though an optional extension is to walk half a mile further upstream to **Alcove House**, a bigger dwelling in a high alcove.



We will then return to Santa Fe for dinner on our own this evening.



## Day 3 May 19<sup>th</sup>, 2017

After our breakfast, we will have our morning spiritual practice, which will focus on finding our authentic self and what prevents us from showing up in the world as that self.

How can we be the Change that is needed in the world?

After lunch (on our own) we will tour the Georgia O'keeffe



museum near the hotel. The galleries of the Georgia O'Keeffe Museum honor the artist's achievements and her continuing legacy. Her story is presented in nine galleries tracing a journey that spans the twentieth century and the rise of American Modernism. O'Keeffe's paintings, drawings, pastels and watercolors from each decade of her life are always on view.

Her dramatic desert landscapes have become enduring icons of American Modernism.

We will then have free time to explore Santa Fe on our own.



We will have our farewell dinner together at a restaurant in the historic square.

## **Day 4 May 20<sup>th</sup>, 2018**

After our breakfast, we will have our morning spiritual practice and Sunday Service. At 11:00 am we will check out of our hotel and have time on our own to enjoy lunch before going to the airport to fly home.



## **Tour Price \$989.00 Includes**

- 3 Nights Luxury Hotel and Daily Breakfast
- Airport Transfers from Santa Fe Airport to Hotel
- Daily Spiritual Practice with Reverend Karen Fry
- Tour to Bandelier National Park
- Entrance to Georgia O'keeffe Museum and Gallery
- Park Fees
- Farewell Dinner

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